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March 22, 2022

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Reclaim Foundation's Megan Bull finalist for  
KRON4-News' *Remarkable Women of the Year*

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San Francisco, CA – Megan Bull has been selected as a finalist for KRON4's *Remarkable Women of the Year* out of thousands of applicants, citing the contributions Bull has made to alleviate the national mental health crisis through her founding of the Reclaim Foundation and the launching of the first-of-its-kind online community, Reclaim Network, for anyone impacted by trauma, set for August 1st, 2022.

"It doesn't feel real. I think of the women on my team at Reclaim Foundation as remarkable, not me," Bull said. "I have also been mentored by community leaders -all women- who have contributed greatly to the organization and have supported me personally. I consider each of them as remarkable women."



When Lindsey Shrout, Reclaim Foundation's Secretary, heard about the KRON4's award last winter, she knew she must nominate Megan. "When I think of a Remarkable Woman, I think of a person who is selfless and who gives back in a way that benefits others. Megan is all that and more," Shrout said. "She has been nothing short of remarkable in her journey."

During an interview with KRON-4 News, Bull was asked the question: "How proud would '2019 you' be of you today?" "I hadn't thought about it until that moment," said Bull, who had to fight back tears. "I had been at my lowest point and now I've morphed those difficult experiences into a non-profit to support others that have been through similar trauma."

**About Reclaim Foundation:**

Founded in 2020, Reclaim Foundation is a California-based 501(c)(3) that empowers those impacted by traumatic events. With the launch of the Reclaim Foundation's Reclaim Network on August 1st, 2022, Reclaim Foundation will connect survivors of traumatic events to others suffering from similar situations in order to nurture growth and healing. Because when traumatic events occur, family and friends can benefit from a supportive community to uplift the survivors in their lives.

For further information, visit: <https://www.reclaimfoundation.org>. To set up an interview with Megan Bull, please contact Lindsey Shrout at [lindseyshrout@reclaimfoundation.org](mailto:lindseyshrout@reclaimfoundation.org).

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