FOR IMMEDIATE RELEASE July 2021





Reclaim Foundation remembers 2019 Gilroy Garlic Festival mass shooting

Over the course of July 26 - August 1, Reclaim Foundation will be hosting and participating in a series of events in remembrance of the 2019 Gilroy Garlic Festival (GGF) mass shooting.

Reclaim Foundation Founder Megan Bull had been in attendance at the festival when the shooting happened and played a major role in the creation of their California-based 501c3 nonprofit. This is why their team will be joining Gilroy Strong Resiliency Center (GSRC) for a series of remembrance events as well as hosting their own events, which are focused on showing compassion for a community that was shaken by gun violence and hate.

Throughout the week, Reclaim Foundation will be partnering with the GSRC for their inaugural Week of Kindness, which invites everyone to engage and show kindness, empathy, and resilience by the Gilroy community and beyond. You can participate in the Week of Kindness by paying it forward, opening doors for a stranger, or writing a friend a nice note. Additionally, you can perform or pledge an act of kindness and share it with the GSRC on Facebook and Instagram using #GilroyKind and #KindnessIsStrong.

To kick off the week of events, the Santa Clara County District Attorney's Office and the GSRC will serve St. Louise Regional Hospital staff a Garlic Festival-themed lunch on Monday, July 26, catered by local Chef Mark Segovia, thanking them for their tireless work following GGF shooting in 2019 and the pandemic.

Reclaim Foundation is hosting a free, virtual yoga class to promote emotional wellness, with certified instructor Layla Mazdyasni on Tuesday, July 27 at 6:30 PM PT. Visit Reclaim Foundation's website to register.

On Wednesday, July 28 at 5:15 PM PT, GSRC will be hosting the Gilroy Anniversary Vigil at the Gilroy Center for the Arts, which will provide a chance to remember the victims, honor first responders, and help foster continued growth in building resilient communities for all those who were impacted, featuring tributes from the community and a moment of silence for those we lost.

Immediately following the vigil, GSRC will be hosting an open house at 6:30 PM PT where survivors will be able to connect with each other as well as mental health professionals, participate in trauma coping events, and enjoy refreshments together.

On Thursday, July 29, there will be two events: Reclaim Foundation will be delivering "Thank you" baskets to first responders as their act of kindness and the GSRC will be hosting a trauma 101 webinar training for law enforcement professionals.

On Friday, July 30 from 6-8 PM PT, the GSRC will be hosting the final Soul Box-making session at 7365 Monterey Road, Gilroy, CA 95020. All materials will be provided. The Soul Box Project collects and exhibits hand-folded origami boxes to raise awareness about the US gunfire epidemic. Each box symbolizes a life lost or injured by gunfire, defense, accident, or suicide. GSRC has been hosting Soul Box-making sessions every Tuesday and Thursday from 6-8 PM PT since July 13.

On Saturday, you can watch GSRC's cooking show on their website where Megan will prepare a dish with local Gilroy chef Mark Segovia to bring awareness to mental health for those impacted by trauma and discuss their journey to healing.

If you are interested in participating in any of these events or learning more about Reclaim Foundation, please visit <u>reclaimfoundation.org/events</u>. For further information about Megan Bull or Reclaim Foundation, or to set up an interview, please contact Nicole White at <u>marketing@reclaimfoundation.org</u>.

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About Reclaim Foundation:

Founded in 2020, Reclaim Foundation is a California-based 501c3 that empowers people impacted by traumatic events. With the upcoming launch of the Reclaim Foundation Portal, the organization will connect survivors of traumatic events to others from similar situations in order to nurture growth and healing within their online environment.

Reclaim Foundation is also aware that when traumatic events occur, family and friends can benefit from a supportive community to uplift the survivors in their lives. With this in mind, Reclaim Foundation provides useful resources to help all those impacted by trauma. Some of the nonprofit's fundamental goals focus on raising awareness on the occurrence and impact of traumatic events, assisting with some traumarelated costs, and engaging in activities that empower survivors to reclaim their lives in the wake of trauma.

Website: https://www.reclaimfoundation.org