



FOR IMMEDIATE RELEASE
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KRON4 names Reclaim Foundation's founder and president Megan Bull their Remarkable Woman of the Year

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San Francisco, CA – Megan Bull has been named the winner of KRON4's *Remarkable Women of the Year* out of thousands of applicants, citing the contributions Bull has made to alleviate the national mental health crisis through her founding of the Reclaim Foundation and the launching of the first-of-its-kind online community, Reclaim Network, for anyone impacted by trauma, set for August 1st, 2022.

"It doesn't feel real. I think of the women on my team at Reclaim Foundation as remarkable, not me," Bull said. "I have also been mentored by community leaders -all women- who have contributed greatly to the organization and have supported me personally. I consider each of them as remarkable women."

By being selected as KRON4's Remarkable Woman, Nexstar will provide a \$1,000 contribution to Bull's nonprofit of choice.



Additionally, Nexstar Media Inc. has shared that they will announce the national "Nexstar Woman of the Year" on April 9th. This is part of their "*Remarkable Women*" initiative which is "designed to honor the influence that women have had on public policy, social progress, and the quality of life in the United States."

Bull is the first person from the San Francisco Bay Area to be nominated for this award, out of seven others spread across the U.S., and has been told that she is significantly younger than their previous or current finalists.

During the interview with KRON4, Megan took them to her childhood home and went back to Gilroy for the first time since the shooting.

"I was definitely nervous and pretty freaked out, but I thought, 'If there's ever a time to go back, this is the opportunity to do so and have the experience documented,'" Bull said.

When Lindsey Shrout, Reclaim Foundation's Secretary, heard about the KRON4's award last winter, she knew she must nominate Megan. "When I think of a Remarkable Woman, I think of a person who is selfless and who gives back in a way that benefits others. Megan is all that and more," Shrout said. "She has been nothing short of remarkable in her journey."

During an interview with KRON-4 News, Bull was asked the question: "How proud would '2019 you' be of you today?" "I hadn't thought about it until that moment," said Bull, who had to fight back tears. "I had been at my lowest point and now I've morphed those difficult experiences into a non-profit to support others that have been through similar trauma."

Watch the live interview from April 5th [here](#) and the interview from March 22nd [here](#).

About Reclaim Foundation:

Founded in 2020, Reclaim Foundation is a California-based 501(c)(3) that empowers those impacted by traumatic events. With the launch of the Reclaim Foundation's Reclaim Network on August 1st, 2022, Reclaim Foundation will connect survivors of traumatic events to others suffering from similar situations in order to nurture growth and healing. Because when traumatic events occur, family and friends can benefit from a supportive community to uplift the survivors in their lives.

For further information, visit: <https://www.reclaimfoundation.org>. To set up an interview with Megan Bull, please contact Lindsey Shrout at lindseyshrout@reclaimfoundation.org.

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